



FAIRBANKS FAMILY WELLNESS

We Have the Knowledge to Nurture.

FSM Medical Treatment Waiver of Liability

Frequency Specific Microcurrent (FSM) is a treatment modality that has been utilized by many practitioners since the early 1900s. It utilizes a pulsed alternating or positive polarized DC current that for most people are subsensory, in millionths an ampere. There are published studies showing the benefit of utilizing FSM in various health conditions, and none have demonstrated any harm to patients.

That being said, no device or treatment modality is 100% safe for everyone.

Although not the same as Transcutaneous Electrical Nerve Stimulation (TENS) machines, FSM machines have a 510K approval in the category of TENS machines for treatment of pain. I understand that FSM does not make any claims in being able to diagnose, treat, cure, any condition or disease, and understand that the use of frequencies as a therapeutic tool has not been evaluated by FDA. (Initials _____)

Please advise your provider if you have any of the following conditions as they may be contraindications to treatment or require extra precautions:

- 1) Pregnancy - This is a CONTRAINDICATION for FSM treatment, as the treatment may alter certain chemicals in the body called prostaglandins that are important for pregnancy. If you think there is any possibility that you are pregnant, advise the practitioner and DO NOT undergo FSM treatment.
- 1) Any type of pump (ex. Insulin pump, pain pumps) –these must be turned off before being treated
- 2) Demand type pacemaker- The current used in FSM should not cause any problems, but to be sure, always check with the manufacturer of your type of pacemaker before treatment. If you have this type of pacemaker, the electrodes and towels used in FSM will need to be placed in certain locations of the body further from the pacemaker.
- 3) Cardiac monitor- If you are on a cardiac monitor (like a EKG or Holter monitor), be aware that FSM will interfere with the readings picked up by the monitor as well as the alarms.
- 4) Blood clots- Please advise your provider if you currently have a blood clot (deep vein thrombosis, pulmonary embolus, etc), as there are certain frequencies that should not be used. Although no harm has ever been demonstrated with treatment, theoretically certain frequencies may affect the coagulation process.

Indemnification and Hold Harmless: I agree to indemnify and hold IMWT and any of the staff, including the Doctors, Physician Assistants, Medical assistants, students, and volunteers HARMLESS from any and all claims, actions, suits, procedures, costs, expenses, damages and liabilities, including court costs and attorney's fees brought about as a result of my FSM treatment (Initials _____)

I acknowledge and understand that there are potential risks and hazards associated with FSM treatment, as previously noted above, and also potential symptoms such as a tingling sensation, skin irritation, or pain during or

fairbanksfamilywellness.com
Office Text: (907) 328-9799
Phone: (907) 479-2331
Fax: (866) 834-0164



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after treatment. I understand, that while there are studies showing benefit with FSM treatments, FSM is not routinely used in standard medical treatment, and not considered standard of care. (Initials _____)

Acknowledgment of Understanding: I have read this waiver of liability, assumption of risk, and indemnity agreement, and I fully understand its terms. I am at least 18 years of age, have read and understand the above agreement and am competent to execute this agreement.

Print Name

Signature

Date

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